Heart Failure Weight Log

ALLIANT QUALITY
The Quality Improvement Services Group of
ALLIANT HEALTH SOLUTIONS

✓ My Target Weight is _____ lbs
Call ICP if weight gain of 2 lbs in 1 day or 5 lbs in 1 week

Date	Daily Weight	Blood Pressure	Heart Rate	Symptoms	My Zone		
					Green	Yellow	Red

AdventHealth Advantage Plans is administered by Health First Health Plans. Health First Health Plans is an HMO plan with a Medicare contract. Enrollment in Health First Health Plans depends on contract renewal. Y0089_MPINFO9219_AH_C(04/2021)

AdventHealth Advantage Plans
Health First Health Plans